100% PURE WHEY - COOKIES&CREAM FLAVOURED PROTEIN DRINK POWDER WITH WHEY PROTEIN CONCEN-TRATE AND ISOLATE, GLUTAMINE, BCAAs, BROMELAIN AND SWEETENER

## **FORTIFIED FOOD**

RECOMMENDED USE: Mix 1 serving (28 g = 1 level scoop = 2 heaped tablespoons) product with 250 ml water in a shaker bottle. On training days take 1 serving within 45 minutes after training and 1 serving between meals. On resting days take 1 serving in the morning and 1 serving in the evening.

INGREDIENTS: Instant whey proteins 90% (whey protein concentrate [emulsifier: lecithins], whey protein isolate [emulsifier: lecithins (sov)]}, L-Glutamine 2.9%, flavourings (contains caffeine), chocolate powder [cocoa mass, cocoa butter, fat-reduced cocoa powder, emulsifier: lecithins (soy), flavouring], L-Arginine, thickener (cellulose gum), cinnamon, salt, L-Leucine 0.2%, L-Isoleucine 0.1%, L-Valine 0.1%, sweetener (sucralose), bromelain powder 0.04%.

Made in a plant that manufactures egg, peanuts, nuts, celery, fish, crustacean and sulphur dioxide containing foods.

BEST BEFORE (day/month/year): See in the white field (LOT/ EXP). Store product tightly closed in a cool, dry place.



Net weight: 2270 g

## **BioTech**USA

1033 Budapest, Huszti út 60...

Place of provenance: EU

**BioTech**USA



## 100%PURE

WHEY PROTEIN DRINK POWDER WITH CONCENTRATE, ISOLATE, GLUTAMINE, BCAAs AND BROMELAIN

COOKIES&CREAM FLAVOURED

LOW GLUTEN PALMOIL PRESERVATIVE
SUGAR FREE FREE

2270 grams (81 servings)



Average Nutrition Facts

Serving size: 28 g l Servings per container: 81 l Daily amount: 2 servings (56 g)

|                                  | 100 g                | RI**<br>(100 g) | 28 g                | 56 g                |
|----------------------------------|----------------------|-----------------|---------------------|---------------------|
| Energy                           | 1639 kJ/<br>388 kcal | 20%             | 459 kJ/<br>109 kcal | 918 kJ/<br>217 kcal |
| Fat<br>-of which saturates       | 6.8 g<br>2.4 g       | 10%<br>12%      | 1.9 g<br>0.7 g      | 3.8 g<br>1.3 g      |
| Carbohydrate<br>-of which sugars | 6.6 g<br>3.8 g       | 3%<br>4%        | 1.8 g<br>1.1 g      | 3.7 g<br>2.1 g      |
| Protein                          | 75 g                 | 149%            | 21 g                | 42 g                |
| Salt                             | 0.83 g               | 14%             | 0.23 g              | 0.46 g              |
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Gluten free according to EU regulation.

Low sugar: <2.5 g sugar/100 ml ready to drink product prepared with water.

## Average amino acids in 1 serving (28 g)

| Essential Amino<br>Acids (EAAs) |                 | Conditionally Essential<br>Amino Acids (CAAs) |         | Nonessential Amino<br>Acids (NAAs) |         |
|---------------------------------|-----------------|---|---------|------------------------------------|---------|
| Histidine                       | 371 mg          | Arginine                                      | 743 mg  | Alanine                            | 947 mg  |
| Isoleucine•                     | 1166 mg         | Cysteine                                      | 630 mg  | Aspartic acid                      | 2114 mg |
| Leucine•                        | 2148 mg         | Glutamine and<br>Glutamic acid                | 4251 mg | Glycine                            | 354 mg  |
| Lysine                          | 1816 mg         | Proline                                       | 1092 mg | Serine                             | 939 mg  |
| Methionine                      | 464 mg          | Tyrosine                                      | 588 mg  |                                    |         |
| Phenylalanine                   | <b>e</b> 631 mg |   |         |                                    |         |
| Threonine                       | 1278 mg         |   |         |                                    |         |
| Tryptophan                      | 338 mg          |   |         |                                    |         |
| Valine•                         | 1129 mg         |   |         |                                    |         |
|                                 | 9341 mg         |   | 7304 mg |                                    | 4354 mg |

•Total BCAAs: 4443 mg





